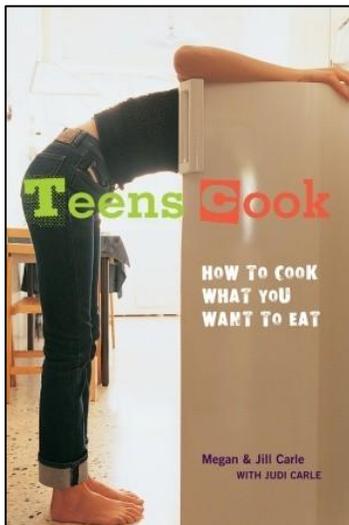




CHEF IN TRAINING

The Beginner Chefs



Currently Available on CloudLibrary

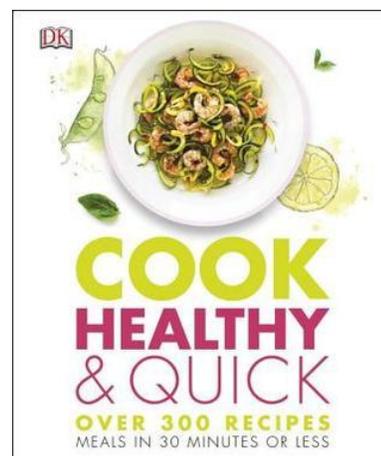
Teens Cook: How to Cook What You Want to Eat by Megan Carle, Judi Carle, Jill Carle

Written by two teens who know what teens do and don't know about cooking, TEENS COOK is an instructional cookbook that teaches young adults how to make great meals—and be confident and independent in the kitchen. Authors Megan and Jill Carle are teenage sisters with nothing much in common when it comes to food—except that they both know how to cook really well. One buys ingredients she likes and figures out what to make when she gets home; the other follows every recipe to the letter. One is a vegetarian who's drawn to ethnic food; the other prefers all-American comfort food. Together, they're a dynamic duo who have created and mastered more than 75 recipes for breakfasts, snacks, sides, family meals, dinners for one, and desserts.

The Quick Chefs

Cook Quick and Healthy by Caroline Curtis and Stephanie Farrow

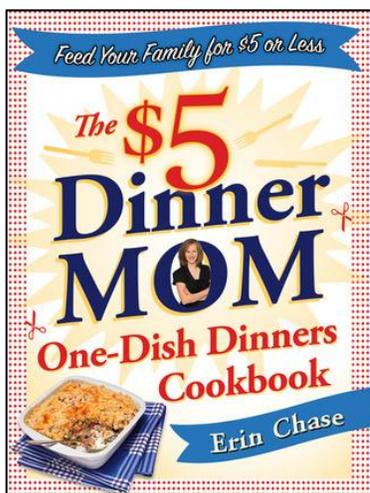
300 recipes for nourishing meals and snacks that can all be prepared in 30 minutes or less. Want to eat healthy — fast? *Cook Quick and Healthy* makes it simple. This cookbook includes 300 easy-to-follow recipes that tap into the latest health trends, from gluten-free eating to intermittent fasting. Bursting with ideas for clean and green salads, plant-based main courses, protein-paired breakfasts, and virtuous grab-and-go snacks that can all be prepared in 30 minutes or less, *Cook Quick and Healthy* doesn't require combing through a health food store for the ingredients; they can all be found at your local supermarket.



The Money Savvy Chefs

The \$5 Dinner Mom One-Dish Dinners Cookbook: Feed Your Family for \$5 or Less by Erin Chase

Who would turn down a plate of sizzling beef fajitas or a hot and bubbling Swiss Chicken casserole right out of the oven? Who knows how to make all these things easily and for only \$5? Erin Chase, The \$5 Dinner Mom, that's who! Erin's newest book, *The \$5 Dinner Mom One-Dish Dinners Cookbook* is filled with more than 150 one-dish recipes that don't cost an arm and a leg, are easy to prepare and even easier to clean up after.



The Gourmet Chefs

Easy Gourmet: Awesome Recipes Anyone Can Cook by Stephanie Le

Stephanie Le, creator of I am a Food Blog, has written her first cookbook, Easy Gourmet. Her gorgeous mouth-watering photography, strong friendly voice, and incredibly delicious recipes come together in this easy-to-follow cookbook that belongs in every kitchen.

Beautifully depicting the foods we all want to be cooking and eating, Easy Gourmet is full of updated modern twists on your favorite classics like Chicken and Waffles, Maple-Glazed Duck, Miso Cod and Quinoa, and Sriracha Hot Wings.

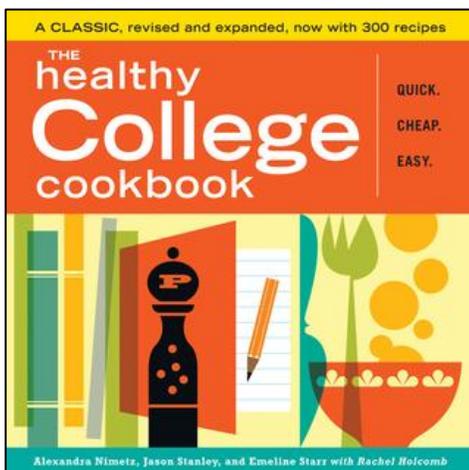


The Healthy Chefs

Currently Available on CloudLibrary

The Healthy College Cookbook by Alexandra Nimetz, Jason Stanley, Emeline Starr

If the pizza-delivery guy is in your apartment more often than your roommate, *The Healthy College Cookbook* is exactly what you need. Whether you're a meat lover, vegetarian, or vegan, you'll find simple and adaptable recipes for quick breakfasts, portable snacks, fresh lunches, and satisfying dinners. Busy students will love these tasty, nutritious recipes.



Eat Fresh Food: Awesome Recipes for Teen Chefs by Rozanne Gold

Finally! Here is a visually stunning cookbook for teens who are interested in cooking food that goes beyond the boring old "kids" recipes, but is the kind of foods TEENS want to eat.

With many recipes showing the step-by-step process of how the food is made, these recipes take old favorites for all times of day and year--from breakfast muffins, to mac-and-cheese lunches, to fish taco dinners, to chocolate desserts--and updates them with healthy, delicious new ingredients that are better for you (and much yummiier) than fast food!

