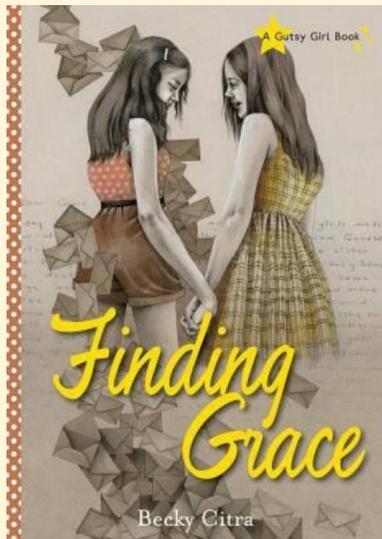


MENTAL HEALTH

Children's Fiction

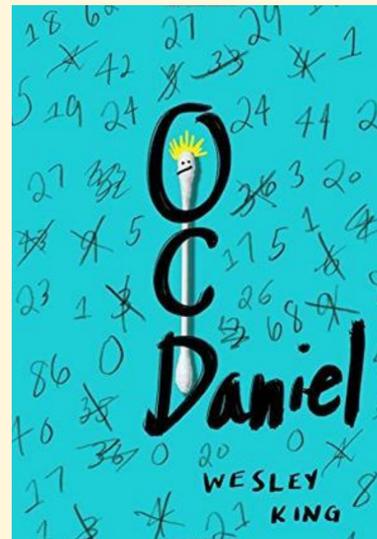
Some books may have sensitive topics



Finding Grace

Becky Citra

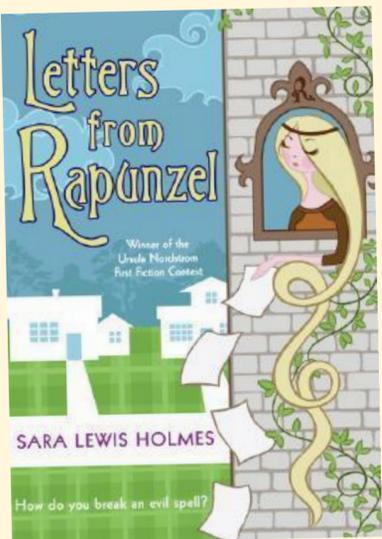
Growing up in the 1950s with a single mother and a mysteriously absent father, the letters she writes to her imaginary friend, Grace, help her cope with the difficult times in her life: her mother's depression, their money worries, struggles to make friends at school and her grandmother's death. On her eleventh birthday, Hope is shocked to learn that Grace is a real person—her twin sister, who contracted polio and was adopted when they were toddlers. Hope believes that finding Grace is the only way she can help her mother deal with her guilt.



OCDaniel

Wesley King

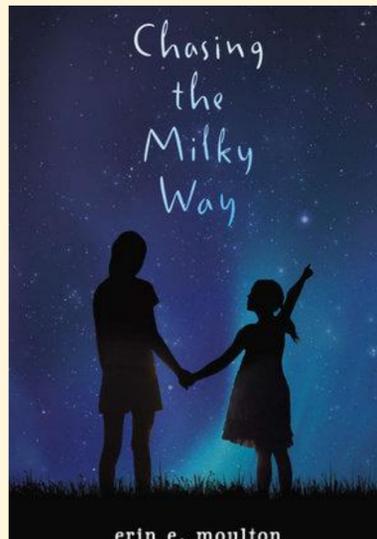
A thirteen-year-old boy's life revolves around hiding his obsessive compulsive disorder until a girl at school, who is unkindly nicknamed Psycho Sara, notices him for the first time and he gets a mysterious note that changes everything.



Letters from Rapunzel

Sara Holmes

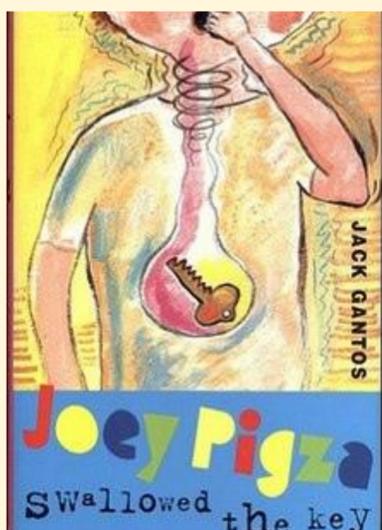
Through a series of letters written to a post office box, twelve-year-old Cadence describes her father's hospitalization for depression, her subsequent problems at school, and her hope that the mysterious recipient will help her find a happy ending.



Chasing the Milky Way

Erin E. Moulton

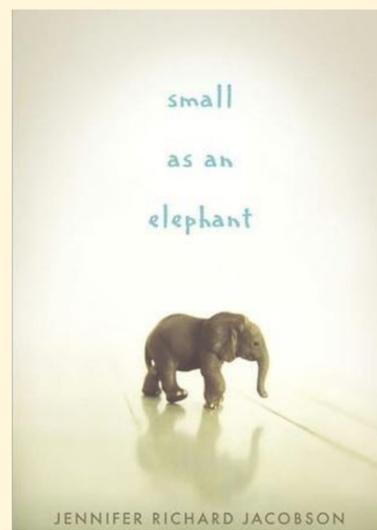
Lucy Peevey, twelve, and her best friend, Cam, are perfecting the robot that could win a competition, a scholarship, and a way out of Sunnyside Trailer Park when Lucy's mother goes off her medication and her manic-depressive disorder goes out of control.



Joey Pigza Swallowed the Key

Jack Gantos

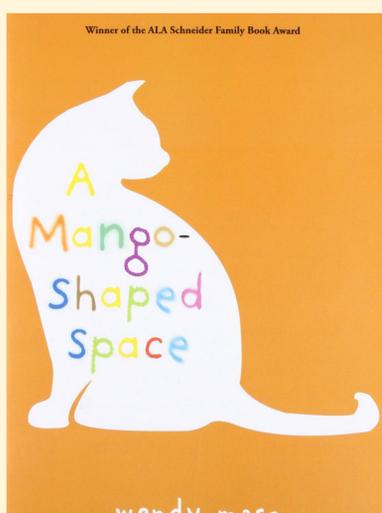
To the constant disappointment of his mother and his teachers, Joey has trouble paying attention or controlling his mood swings when his prescription medications wear off and he starts getting worked up and acting wired.



Small as an Elephant

Jennifer Richard Jacobson

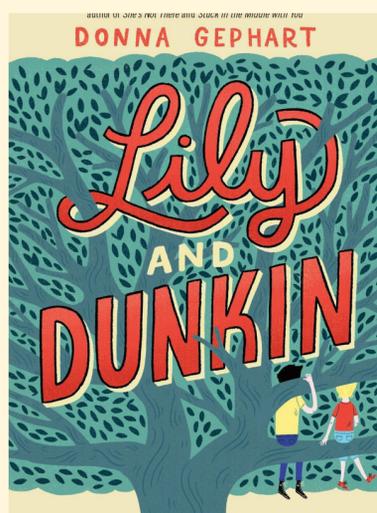
Abandoned by his mother in an Acadia National Park campground, Jack tries to make his way back to Boston before anyone figures out what is going on, with only a small toy elephant for company.



A Mango-Shaped Space

Wendy Mass

Thirteen-year-old Mia sees the world differently than her peers and no one quite believes or understands when she says she sees words as shapes and numbers as colors. After much research, Mia identifies her conditions as synesthesia and connects to others who experience the same things.



Lily and Dunkin

Donna Gephart

Lily Jo McGrother, born Timothy McGrother, is a girl. But being a girl is not so easy when you look like a boy. Especially when you're in the eighth-grade. Norbert Dorfman, nicknamed Dunkin Dorfman, is bipolar and has just moved from the New Jersey town he's called home for the past thirteen years. This would be hard enough, but the fact that he is also hiding from a painful secret makes it even worse