

TOUGH STUFF

PICTURE BOOKS

Bullying

Chrysanthemum by Kevin Henkes

The Invisible Boy by Trudy Ludwig

The Recess Queen by Alexis O'Neill

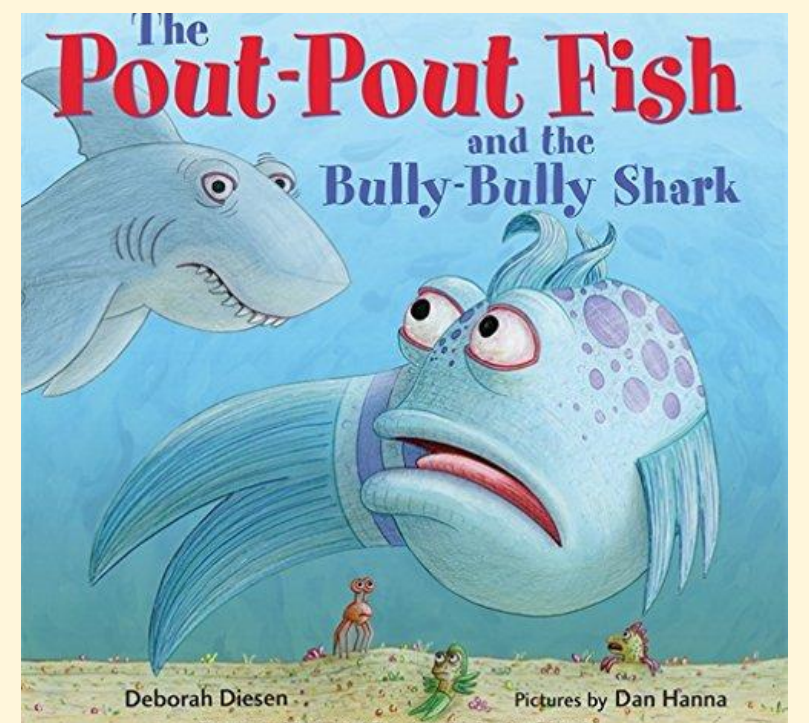
Llama Llama and the Bully Goat by Anna Dewdney

Peanut Butter and Jellyfish by Jarrett J. Krosoczka

Strictly No Elephants written by Lisa Mantchev

Bye-bye, Big Bad Bullybug! by Ed Emberley

The Pout-Pout Fish and the Bully-Bully Shark by Deborah Diesen



Substance Abuse

Wishes and Worries: Coping with a Parent Who Drinks Too Much Alcohol
presented by the Centre for Addiction and Mental Health

Sunny Side Up by Jennifer L. Holm & Matthew Holm

Louis Undercover by Fanny Britt, Isabelle Arsenault

You can reach a Kids Help Phone counsellor 24/7 at 1-800-668-6868.