

# MY BODY BELONGS TO ME!

## My Body Belongs to Me

Jill Starishevsky



This straightforward, gentle book offers a tool parents, teachers and counselors can use to help children feel, be, and stay safe. The rhyming story and simple, friendly illustrations provide a way to sensitively share and discuss the topic, guiding young children to understand that their private parts belong to them alone.

## My Body Belongs to Me from My Head to My Toes

International Center for Assault Prevention

My Body Belongs to Me from My Head to My Toes is an educational tool to help instill confidence in children when it comes to their bodies. The narrative of the story is led by a girl named Clara, who encourages kids to say “no” if they are uncomfortable with physical contact. The narrator gives readers tips about what they can say or do to avoid unwanted physical contact, or how to tell the right people in the event it has already occurred.



## Your Body Belongs to You!

Cornelia Spelman

Explains what to say and do if someone touches your body when you do not want to be touched.